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*This is a guide intended to help you determine if your insurance will reimburse you for our visits. It is not intended to be exhaustive. Please be aware that if you are eligible for reimbursement, more information may be required at a later date including other personal information.*

*Reimbursement will be sent directly to you. I do not participate in insurance panels. You are responsible for payment at the time of the appointment.*

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Call the number on the back of your insurance card and ask if your insurance provides reimbursement for “out of network” services for outpatient behavioral/mental health

Make a note of the date and time of call as well as of whom you speak with and their direct phone number if available

*Additional questions*

- 1) Ask for description of benefits that will be covered
  
- 2) Is a “prior authorization” required? Yes/No
  
- 3) What is my annual deductible amount for outpatient behavioral/mental health?  
\$
  
- 4) Is there an annual reimbursement amount that once met, the insurance will no longer reimburse? Yes/No  
\$

5) Will they give you the reimbursement amount for specific codes?

Some of the codes that I use are

**90792**-Initial consultation \$

99213 + 90833 \$

99213 + 90836 \$

99214 \$

99214 + 90833 \$

6) Which claim forms are accepted and how to obtain? Can you submit your claim online or what is the mailing address?